



## Men's Evening of Reflection~ Questionnaire

Clearing Out the Junk: What do I need to jettison to follow the Lord?

January 6, 2021

- 1. Christ refers to "Everyone who hears these words of mine." (Mt 7:24) His words are true with no admixture of error. However, my desires are not always directed toward the health of my soul. In my times of dedicated prayer, do I set aside side time to listen to His voice in silence rather than speak to Him and simply ask Him for things?
- 2. Does my time of prayer each day affect my daily life in any way? In other words, do I make a habit of setting a concrete goal or task for myself based on my prayer?
- 3. Are there material things that I could do without in order to be a better husband and father? If so, when will I forego them? Be as concrete as possible regarding the "what" and "when".
- 4. What habits have I developed that I consider to be "rock" on which I have built my relationship with God, with my wife, and with my children?
- 5. Are there weaknesses in my life that are "sand" and that will eventually lead to spiritual collapse? Have I had a good confession recently so that God can solidify my soul through his forgiveness and strength?