Harley's list generalizes his research over the years. But, you are you! And, the most important things that make you feel loved may differ from the average person in Harley's study.

How Do You Receive Love?

On a scale of 1-10 rank the ways that you feel loved.

- ____ Admiration/words of affirmation
- Financial Support

- Affection
- Conversation
- Domestic Support
- **____** Family Commitment

- Honesty and Openness
- Physical Attractiveness
- ___ Recreational Companionship
- Sexual Fulfillment

How Does Your Future Spouse Receive Love?

On a scale of 1-10 rank the ways your FUTURE SPOUSE feels loved.

- ____ Admiration/words of affirmation
- Affection
- **C**onversation
- Domestic Support
- **___** Family Commitment

- Financial Support
- Honesty and Openness
- Physical Attractiveness
- **_** Recreational Companionship
- Sexual Fulfillment