Questionnaire: Boundaries That Protect Your Marriage

Please write out your own thoughts privately before sharing them with your future spouse.

1. In my relationship with my fiancé, are there any areas where I tend to apply pressure, embarrass, belittle, and/or control him/her? How can I change my tendency to do that?

2. In my relationship with my fiancé, are there any areas where I feel I am being pressured, disrespected, embarrassed, belittled, and/or controlled by him/her?

3. Do I have any current relationships (family, friends, colleagues) that concern my fiancé?

4. Does my fiancé have any relationships that concern me?